

SATYA_YOGA_RETREATS

MALLORCA

2026 Self-Awareness
Yoga Retreat





Welcome to a world of wellness!



- Our programs promote physical health, mental focus, inner calm, and self-realization.
- A peaceful stay in an idyllic villa, surrounded by natural wonders.
- An invitation to give yourself space & time as you slow down, disconnect from your daily routine, investigate your limiting beliefs and reconnect with your own essence.

Satya

Founder of Conscious Being Retreats



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DATE

MALLORCA RETREAT

Self-Awareness Yoga Retreat

26th Sept – 3rd Oct 2026



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[click to visit our website for more info](#)

Highlights

- Yoga, Pilates, Mindfulness, Meditation, Breathwork every day.
- Conscious fun evening events.
- Breathtaking walks inside our retreat villa.
- Cacao ceremony, Ecstatic dance & much more.
- Daily delicious vegetarian & organic food.
- 7 nights accommodation in our elegant Villa with majestic gardens.
- A day trip sailing & exploring Cabrera.



SPECTACULAR!

Satya knows how to create a space for the senses to ignite and the mind to relax. I appreciated all the thought she put behind each day, teaching us a variety of mindful techniques and yoga practices that we can tap into.

- Ana Maria Matta

[click to visit our website for more info](#)

Activities

- Morning Classes

Hatha | Yin | Vinyasa Flow,
Kundalini Yoga | Pranayama |
Breathwork, Mindfulness &
Meditation.

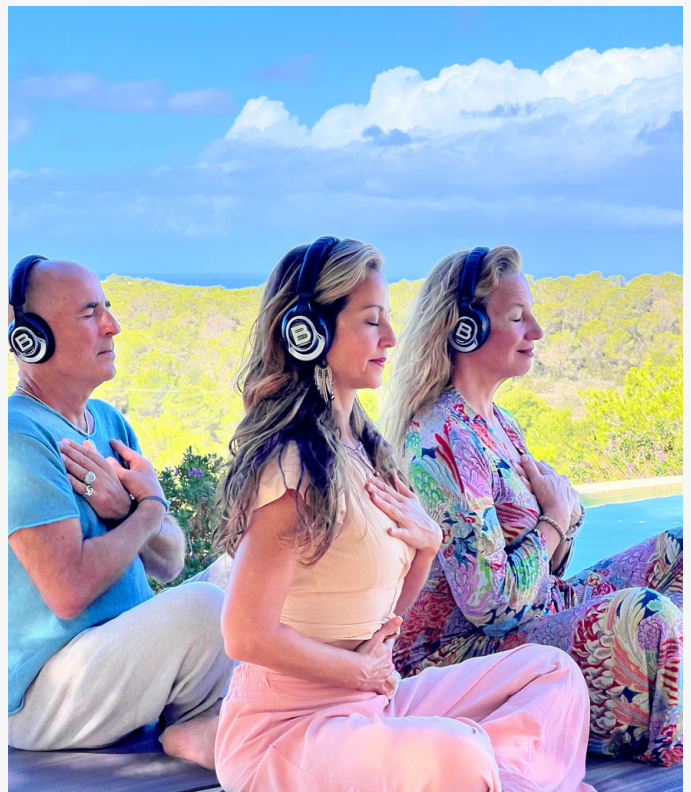
- Healthy organic food

By our exquisite Chefs from
"@Gasrtronauta

- Cacao Ceremony
- Walk to monastery
- Ecstatic Dance
- Breathwork
- Neuroscience
- Self Awareness
- Trip day sail & explore
paradisiac island of Cabrera

Additional Wellness & Healing Therapies

Massages | Acupuncture |
Wingwave Coaching® | Emdr,
Reiki | Abdominal massage |
Craneo Sacral Therapy





Rooms & Prices

The price per person includes accommodation, food & daily retreat programming.

Each room includes a private bathroom & Garden.

01 TRIPLE OCCUPANCY:
Cost: €2150

02 DOUBLE OCCUPANCY
Cost: €2350

03 SINGLE OCCUPANCY:
Cost: €3800

To secure your place,
you must pay €500 deposit.

[click to visit our website for more info](#)



Testimonials



So happy I gifted myself this week to get my soul and heart aligned! Satya & her team create the safest and most loving place for nourishing your mind, body and soul. After a whole life of rationalizing I now learned and felt how my soul and heart work together, I still need to do a lot more work, but this week gave me such a great start into being myself and following my soul again. Signed up for 2026 immediately. Love & hugs!

Anouk Schrijver



Great experience for the 2nd time on Satya's retreat! From the beautiful villas, the content of the classes and overall supportive and nurturing atmosphere from Satya and all of the practitioners. I would highly recommend. Especially if this is your first time trying any type of wellness retreat. The food is 5 stars and although they really pride themselves on going Vegan/Vegetarian... With all of that I highly recommend! Don't overthink it, Just book it!

Louise Bee

[click for more reviews](#)



Contact me!

Join us for a life-eye opening retreat in Mallorca to relax, heal, and gain clarity on your purpose. Release limiting beliefs, reconnect with your true self, and cultivate self-awareness, love, and confidence.

Leave with tools and insights to embrace infinite possibilities for your journey ahead.

[WhatsApp +34 610068999](https://www.whatsapp.com/chat?phone=34610068999)

www.consciousbeingretreats.com

Satya

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